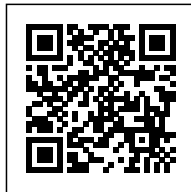
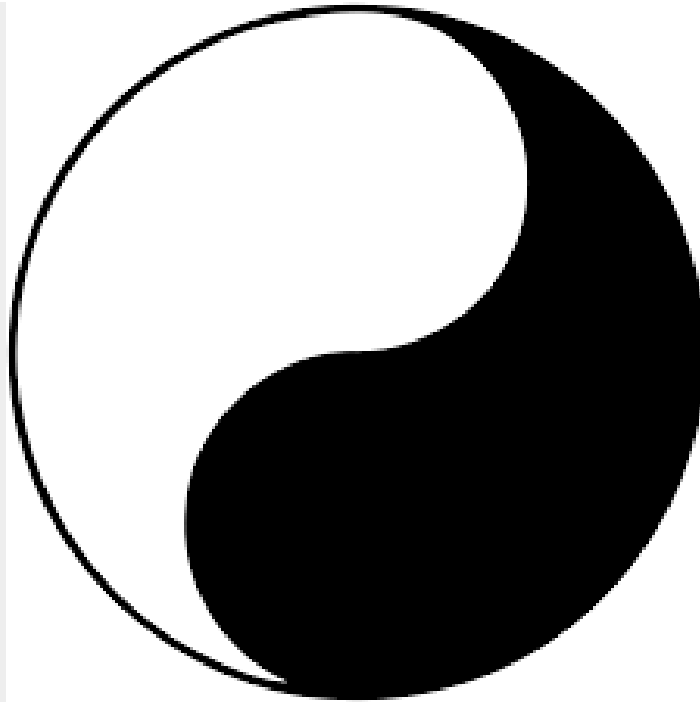


# TAOISM

*Posted on February 3, 2024 by staff*



The most well-known symbol of [Taoism](#) is the **yin yang**, also known as the **taijitu**. It is a circular emblem divided into two equal halves, one black and one white, with a curved line separating them. The black half represents **yin**, which is associated with darkness, femininity, and passivity. The white half represents **yang**, which is associated with light, masculinity, and activity.

The yin and yang symbol is not simply a representation of opposites, but rather a depiction of how these opposites are interconnected and interdependent. The curved line between them signifies that they are constantly flowing and changing, and that each contains a seed of the other. This reflects a core Taoist belief in the balance and harmony of all things in the universe.

The yin and yang [symbol](#) is used in many different ways in Taoism, from traditional Chinese medicine to martial arts. It is a reminder that everything in life is in a state of flux, and that we should strive to find balance and harmony in our own lives.

