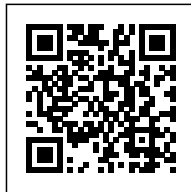


# SAO TOME AND PRINCIPE

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Sao Tome and Principe is a country in [Africa](#). The official name of Sao Tome and Principe is the Democratic Republic of Sao Tome and Principe. The people of Sao Tome and Principe are called São Toméan. The country is in Central Africa, islands in the Gulf of Guinea, just north of the Equator, west of Gabon.

Etymology discusses where a term is considered to have originated from and how its meaning has changed over time. Etymology has been a factor in the naming of countries all across the world, and Sao Tome and Principe have also been influenced. The etymology of Sao Tome and Principe can be defined as; "Saint Thomas" in Portuguese, for its discovery on St. Thomas Day, 21 December 1470 or 1471.

An ethnicity is a group or sub-group of people who are connected based on common characteristics which may include religion, origin, language, traditions, or culture. The ethnic groups in Sao Tome and Principe include Forros.

STP Airways is the national airline of Sao Tome and Principe. The national colors of the country are green, yellow, red, and black. The emoji flag of the country is ????????, and the ISO code is STP.

Sao Tome and Principe is known for its wonderful tourism. The national dish of Sao Tome and Principe is Calulu. Palm Wine, in addition to being a traditional beverage, is one of the country's national drinks.

The country has the time zone UTC (GMT) followed by dd/mm/yyyy as the standard date format.

Sao Tome and Principe is divided into 6 districts. São Tomé is Sao Tome and Principe's largest city, while Sao Tome serves as the capital.

The literacy rate in Sao Tome and Principe is 90.1%.

The country's total area is 1,001 km<sup>2</sup> (386 sq mi), and the total population is 219,159. The country's average elevation is 137 m, whereas the country's terrain is volcanic and mountainous. The country's usual climate is tropical; hot, and humid; one rainy season (October to May).

The area of land next to a sea is called the coast, and a coastline is defined as the line where land and sea meet. Sao Tome and Principe has 209 km of coastline.

The São Tomé and Príncipe dobra serve as the national unit of currency, and the Central Bank of São Tomé and Príncipe is recognized as the country's central bank. The domain for Sao Tome and Principe is .st and the country code is +239.

Museums are known to educate and connect visitors with the nation's history, culture, civilization, art, and architecture. São Sebastião Museum serves the same purpose and is considered one of the most significant tourist attractions. São Sebastião Museum is home to a large collection of artifacts. It has been designated as the national museum of the country.

The national dress of Sao Tome and Principe is the Kente, and 12 July is designated as National Day. In Sao Tome and Principe, the majority of the population practices Christianity as their religion.

Nature is a blessing from God and we must protect it because it provides us with the oxygen and food to survive. It also helps to keep our environment beautiful and clean. To emphasize the significance of nature, Sao Tome and Principe have selected a few forces of nature as national symbols. Sao Tome and Principe's national animal is the Sao Tome Shrew. The national flower is the Rose whereas, the highest peak is Pico de São Tomé.

Mythical creatures can be found in the literature and mythologies of many different nations. They represent imaginative representations of various creatures, humans, or hybrids. They are known for their specific features, supernatural abilities, and distinctive appearance. The mythical creature of Sao Tome and Principe is Anansi.

Sports have always played an important role in developing the social and cultural structure of Sao Tome and Principe and other countries. When it comes to designating a sport as the official symbol, Football is considered the country's national sport.

Álvaro Caminha is the founder of Sao Tome and Principe. The country's national anthem was written by Alda Neves da Graça do Espírito Santo, and composed by Manuel dos Santos Barreto de Sousa e Almeida.

The country's national hero is Rei Amador.

Due to their unique qualities and rich cultural or historical backgrounds, national monuments around the world are of great importance. Obo National Park is recognized as the national monument of the country. It attracts visitors from all around the world.

Numerous organizations are working on a global level to improve the current state of affairs and to collaborate in order to establish and maintain constructive partnerships. Sao Tome and Principe is a member of the [African Union \(AU\)](#), [Organisation internationale de la Francophonie \(OIF\)](#), and [United Nations \(UN\)](#). Sao Tome and Principe collaborate with them to organize, analyze, and address various events and situations.

"Unidade, Disciplina, Trabalho - "Unity, Discipline, Work" is the official motto of the country.

Jorge Bom Jesus is the current Prime minister of Sao Tome and Principe, and Evaristo Carvalho is the President.

Sao Tome and Principe have declared English as the country's official language.

**- Further information regarding the symbols and knowledge of Sao Tome and Principe can be found in the table of contents -**

**There are no comments yet.**