

NOVEMBER BIRTH FLOWER

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The month of November has two birth flowers. The primary birth flower is the **chrysanthemum**, and the secondary flower is the **peony**.

November birth flower - Chrysanthemum

Chrysanthemum, scientifically known as *Dendranthema X Grandiflorum*; is commonly referred to as "mums." Within the Asteraceae (daisy) family, chrysanthemum is a huge genus with fibrous root systems. Chrysanthemum is a herbaceous plant with big flower heads and deeply lobed leaves that can grow to a height of 50 to 150 cm.

Chrysanthemums are native to Asia and are a great option to use as decorations for autumn displays. China has been cultivating these stunning, vividly colored flowers for almost 2500 years. Chrysanthemums were brought to Europe and subsequently the United States by the 17th century.

The chrysanthemum is associated with grief and death in several parts of Europe. The Chinese and Japanese regard the chrysanthemum as a symbol of youth. It was thought to prolong life, maintain physical well-being, and prevent grey hair.

Chrysanthemums symbolize loyalty, friendship, joy, and love.

They come in a range of colors including yellow, orange, white, purple, pink, and red. Red represents true love, white represents innocence and honesty, yellow represents a wounded heart or neglected love, purple represents thoughtfulness and care, orange represents excitement and happiness, and pink signifies honor and love.

In China, chrysanthemums have long been used as an anti-inflammatory, blood pressure-lowering, and headache cure. They were also well-known for their decorative qualities, which made them a well-liked option for gardens and bouquets.

Fun fact: Chrysanthemums are the national flower of Japan. The Festival of Happiness displays and celebrates the chrysanthemum on 9th September every year.

November birth flower - Peony

Peonies, scientifically known as *Paeonia*, are renowned for their enormous, beautiful, and fragrant blooms. Though some are woody shrubs, the majority are herbaceous plants. Their leaves are complex and strongly lobed. The flowering season is brief for the flowers—usually lasting about 7 to 10 days.

Peonies are native to China. Their cultivation history is extensive, spanning more than 2000 years. Although there are various native species of peonies in Europe, they were not widely appreciated until the early 1800s when beautiful herbaceous peonies were brought over from China.

In the 7th century BCE, the Tang Dynasty in China started cultivating peonies in the imperial palaces. Early in the 11 century, their fame extended to Japan, and in the 18th century, it reached France and

England. Later, they started to become more well-known in the United States in the late 1800s and early 1900s.

Peonies symbolize romance, honor, prosperity, and hope for a happy marriage when used in wedding florals.

Peonies come in a range of colors including red, pink, and white. Pink peonies symbolize good luck and prosperity, red peonies represent passion and love, and white peonies symbolize shyness and apology.

Peony plants can be used to effectively treat inflammation, blood clots, and general pain. They also contain immune-system and mood-boosting effects. They are used in gardens and landscapes in addition to being cut flowers that are frequently used as decorations in vases. Peonies are also a popular option for brides.

Fun fact: Peony plants have a life span of over 100 years.

